



## Food and Agriculture Organization of the United Nations

The FAO is a member organization for national governments and has a big range of academic and information resources linked to food, agriculture and climate change

<http://www.fao.org/>

There is a of free library of downloadable 'infographics' papers on a wide range of topics": <http://www.fao.org/resources/infographics/en/>

An **infographic** is a collection of pictures, charts, and minimal text that gives an easy-to-understand overview of a topic. More info. on how to make an infographic is on:

<https://venngage.com/blog/what-is-an-infographic/#3>

### Examples of FAO Infographics:



A 250 ml GLASS of whole milk from cows CAN PROVIDE a 5-6-year-old child with:  $\approx$  48% of protein requirements,  $\approx$  9% of calories and key micro-nutrients. Milk provides us adults with: calcium, magnesium, selenium, riboflavin, vitamin B12 and vitamin B5.



### 5 benefits of school gardens

School gardens are a great way to get children to learn about nutrition. FAO encourages and supports countries to promote school gardens with educational goals to help students, school staff and families make the connection between growing food and good diets, develop life skills and increase environmental awareness.

**The FAO also have available a very big library of free downloadable publications on food, agriculture and conservation. These tend to be for government guidance:**

<http://www.fao.org/publications/en/>

Publication Topic Examples:



Why bees matter: The importance of bees and other pollinators for food and agriculture

This brochure aims to raise awareness on the role of bees and other pollinators in increasing food security and fighting hunger as well as in providing key ecosystem services for agriculture



Future smart food: Rediscovering hidden treasures of neglected and underutilized species for Zero Hunger in Asia

This publication demonstrates the benefits of neglected and underutilized species (NUS), including amaranth, sorghum and cowpea and their potential contribution to achieving Zero Hunger in South and Southeast Asia.

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